

# Leadership Lincoln Class Retreat 2023 September 15-16, 2023

## Day 1 – Friday

- 7:30 Meet at Chamber of Commerce for breakfast. Receive class notebook and goodie bags.
- 8:00 Depart for Henry Horton State Park Do Fayetteville/Lincoln County Trivia on the bus ride
- 8:45 Arrive Henry Horton State Park
- 9:00 Ice Breaker Exercise for all participants Who Am I? conducted by Kayla Curry
- 9:30 Welcome and Introductions (Name, Business, Favorite Food) conducted by BOD member
  - Discuss Purpose and mission of Leadership Lincoln
  - Overview/Agenda- Objectives & Goals
  - Possible topics and talking points: Here to learn and grow to ultimately improve ourselves and our community
  - Beginning a journey that won't end with Leadership Lincoln
  - Learn through experiences and interactions with others
  - Be engaged open, honest and aware
  - May become uncomfortable at times, but growth and exploration take risk
  - Ground rules participation, phones, tablets, etc. \*\*Brief Break for snacks, stretch, etc.\*
- 9:45 Teamwork Discussion & Materials Identifying your Interaction style and the style of others DISC Kayla Curry
- 12:00 Break for Lunch
- 1:00 DISC Session continued Kayla Curry
- 1:45 Break
- 2:30- Teambuilding/Problem Solving & Outdoor Activities Kayla Curry & Board Acid River, Toxic Waste, Lost in Space, Plank Walk
- 4:30 Debrief Teambuilding/Problem Solving & Outdoor Activities Kayla Curry & Board
- 4:45 Break
- 5:00 Introduction to Selection of Class Project & Activity conducted by BOD member \*Share room buddies and discuss Buddy Assignments for Class Days
- 5:45 Break & Free Time
- 6:00 Meal to be held in Henry Horton Restaurant
  Discuss Election Process of Officers, break down each position conducted by BOD member
  Discuss class polo shirt– select color
  After Dinner Free Time for Class members in Common Area

### Day 2 - Saturday

- 7:00 Breakfast
- 8:00 Opening Comments conducted by BOD member
- 8:15 Review of Day 1 additional thoughts, comments, moments, etc.
- 8:30 Introduction of the Pipeline Activity Kayla Curry
- 9:00 Begin Pipeline Activity (we used marble, rubber ball, ping pong ball, wooden egg, golf ball, tennis ball) https://trainerswarehouse.com/games-for-learners/team-building-games/pipeline-challenge/
- 9:45 Circle Time, debrief Pipeline activity, What is a Leader?
- 10:00 Retreat Wrap Up Pulling it all together Kayla Curry
- 10:30 Door Prizes
- 10:45 Closing Comments conducted by BOD member
- 11:00 Class Picture
- 11:15 Departure from Henry Horton
- 12:15 Arrive Chamber of Commerce

#### **Welcome Dinner**

#### Held the Monday Night before Retreat

Class Participants are encouraged to bring spouse or another guest.

Board Members are present.

Board President Presentation: Name, Job, Why Lincoln Co. (born/raised, transplant), favorite movie, fun fact about them), Mission of Leadership Lincoln, Graduation Requirements, Class Days and what to expect, Officers, Class Project & Fundraising, Past Projects & Fundraisers, Community Service, BOD members, What to expect at Retreat.

Class Participants Introduce themselves.

Board Members introduce themselves.